

# St Benedict's Parish

## Arcadia



### PARISH Masses

#### Weekend:

Saturday 7:00pm Vigil  
Sunday 9:00am  
Sunday 10:30am

#### Weekday:

Mondays to Thursdays 9:30am  
Fridays 6.30pm Adoration  
7:00pm Mass & Confession  
(Reconciliation)  
Saturdays 10am to 11am  
Adoration & Confession  
(Reconciliation)

### MONASTERY CHAPEL Masses

Sundays 7:00am  
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS**  
**RECONCILIATION**  
**FOR THE SICK**  
**MARRIAGES**  
**FUNERALS**

Fr Shansana: 0437 884 233



### THE MOST HOLY TRINITY

Year C  
11 & 12 June 2022

#### ENTRANCE ANTIPHON

Blest be God the Father,  
and the Only Begotten Son of God,  
and also the Holy Spirit,  
for he has shown us his merciful love.

#### SUNDAY HOLY MASS PRAYER

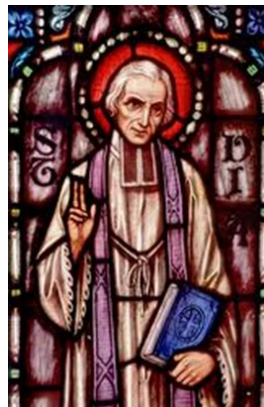
Let us pray:

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

#### MESSAGE FROM FR SHANSANA OUR NEW PARISH ADMINISTRATOR

It is with great pleasure that I begin my ministry, in the parish of St. Benedict's, Arcadia. While assuring you that I would labour for the common good of the community, I humbly request you to pray on behalf of me, so that I would be strengthened and used by the Lord for your spiritual wellbeing.

While I take this opportunity to acknowledge the support given to me by Fr. David and the community, here at Arcadia, I also wish to express my sentiments of gratitude to Fr. Hilarion, my predecessor, for all the good work he has done for the spiritual upliftment of the parish community of St Benedict's.



#### *A Prayer for Priests*

Lord Jesus,  
we your people  
pray to You for our priests.  
You have given them  
to us for our needs.  
We pray for them  
in their needs...  
Let them see You  
face to face  
in the breaking of the  
Eucharistic Bread.

St John Vianney,  
patron saint of priests,  
pray for us.

Do continue to pray for all the priests, who toil to cater for your spiritual needs.

Thus, let the following be a model for your prayers on behalf of the priests...

**First Reading****Proverbs 8:22-31 (JB)**

A reading from the book of Proverbs

*Wisdom was born before the earth was made.*

The Wisdom of God cries aloud:  
 The Lord created me when his purpose first unfolded,  
 before the oldest of his works.  
 From everlasting I was firmly set,  
 from the beginning, before earth came into being.  
 The deep was not, when I was born,  
 there were no springs to gush with water.  
 Before the mountains were settled,  
 before the hills, I came to birth;  
 before he made the earth, the countryside,  
 or the first grains of the world's dust.  
 When he fixed the heavens firm, I was there,  
 when he drew a ring on the surface of the deep,  
 when he thickened the clouds above,  
 when he fixed fast the springs of the deep,  
 when he assigned the sea its boundaries  
 - and the waters will not invade the shore -  
 when he laid down the foundations of the earth,  
 I was by his side, a master craftsman,  
 delighting him day after day,  
 ever at play in his presence,  
 at play everywhere in his world,  
 delighting to be with the sons of men.

**The word of the Lord.****Thanks be to God.****Responsorial Psalm:****R. O Lord, our God, how wonderful your name in all the earth!****Second Reading****Romans 5:1-5 (JB)**

A reading from the letter of St Paul to the Romans

*To God through Christ in the love which is poured out through the Spirit.*

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

**The word of the Lord.****Thanks be to God.****Gospel Acclamation**

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit:  
 to God who is, who was, and who is to come.

Alleluia!

**GOSPEL****John 16:12-15 (JB)**

A reading from the holy Gospel according to John

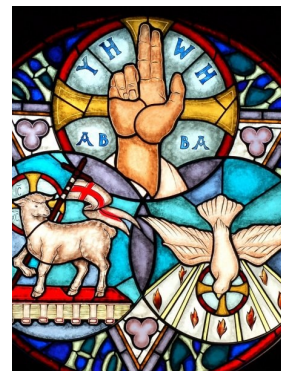
*Whatever the Father has is mine. The Spirit will receive what I give and tell you about it.*

Jesus said to his disciples:

'I still have many things to say to you but they would be too much for you now.

But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come.

He will glorify me since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

**The Gospel of the Lord.****Praise to you, Lord Jesus Christ.**

**GOSPEL REFLECTION**  
**THE MOST HOLY TRINITY**  
**John 16:12-15**

Scientists recently declared that they discovered the glimmer of a planet outside of the Milky Way (our universe), in the region of 28 million light years away. It's hard to conceive or imagine such distances or even think that there are planets far beyond our solar system. The mystery of science is great but far greater is the mystery of God.

Today we're invited to contemplate the greatest Christian mystery of all, the Blessed Trinity. Christianity departs radically from Islam and Judaism in its belief that in the one God is a communion of three persons: the Father, the Son and the Holy Spirit. Furthermore, Christianity professes the belief that the Second Person of the Trinity, God the Son, entered time and space and took upon himself our human nature. Belief in the Trinity, then, is a central mystery of Christian faith.

We're baptised 'in the name of the Father and of the Son and of the Holy Spirit' (Matt. 28:19), and we're invited to develop a relationship with each person of the Blessed Trinity. Jesus' life, work, ministry, preaching and teaching all testify to this fundamental truth of Christian revelation. In fact, the doctrine of the Most Holy Trinity could be described as the central mystery of the Christian faith and life and it's this mystery that we're celebrating and rejoicing in today.

The word 'mystery' isn't used to mean a conundrum or puzzle that's impossible to solve, but a sacred truth which we will only be able to penetrate more deeply if we ask the Holy Spirit to shed his light and truth into our minds and spirits. We need to pray, 'Lord, teach me, show me, guide me, lead me into the beauty, glory and majesty of the mystery of the Blessed Trinity.' Today we pray:

*'O my God, Trinity whom I adore, help me to forget myself entirely so to establish myself in you, unmovable and peaceful as if my soul were already in eternity.'* (Blessed Elizabeth of the Trinity)

(Source: *Breaking the Word —India pg. 31*)

**LITURGICAL FEASTS AND EVENTS OF THE WEEK**

Monday                  June 13, 2022:                  St Anthony of Padua, priest, doctor.

Source: Ordo 2022

**THE LEGEND OF ST ANTHONY'S BREAD**

St Anthony's Bread traditionally refers to loaves of bread blessed and shared in honour of St Anthony, and to alms given to the poor in thanksgiving for blessings received through the prayers of St Anthony.

One legend dates back to the year 1263, when a child drowned near the Paduan Basilica of St Anthony during its construction. The child's mother prayed to the saint to bring her boy back to life. In return, she promised to give to the poor an amount of corn equal to the child's weight. When the child was miraculously revived, the mother made good on her promise.

Centuries later, in 1888, a woman named Louise Bouffier, who managed a small bakery in the seaside village of Toulon, France, found she could not open the door with her key. Neither could a locksmith, who told her that he would have to break the door open. While he went to get his tools, Louise prayed to St Anthony that she would give some of her bakery's bread to the poor if the door could be opened without force. When the locksmith returned, he tried the lock again and was easily able to let Louise in. True to her word, Louise made sure that the poor of Toulon received their due.

Before long, Louise's friends began to follow her example of promising a gift of bread or alms to the poor in return for prayers answered by the intercession of St Anthony. In the 1890s, they formalised this practice by founding a charity called "St Anthony's Bread".

In the spirit of this charity, some parishes bless and distribute small loaves of bread on 13 June, his feast day.

If you are making bread for the poor, or to share with family and friends, bring the bread to Mass to be blessed.



Source: <https://franciscans.sg/the-legend-of-st-anthonys-bread/>

## THE RULE OF ST BENEDICT

Chapter 4  
To reverence the old.

### PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

**PLEASE NOTE NEW BANK DETAILS**

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141

Name: Catholic Parish of Arcadia Bank:  
CBA—Catholic Development Fund

### ST VINCENT DE PAUL WINTER APPEAL



The Winter Appeal will be held next weekend 18th & 19th June. We will have our envelopes available for the collection as well as boxes to collect non-perishable food items you may like to donate. The boxes for food will be there for the next few weeks.

Please support the wonderful work Vinnies is doing to help the community in this very difficult time.

Regards, Lila, Karen, Arcadia Conference.

### SAVE THE DATE!!!

**26 June 2pm**

After being postponed for a year due to the COVID 19 pandemic, Pope Francis has asked dioceses around the world to celebrate the 10<sup>th</sup> World Meeting of Families locally, making it possible for every family to participate. While Rome will be the main venue for the event, each diocese will promote local events for its own families and communities based on the theme:

“Family love: a vocation and a path to holiness.

All families are invited to celebrate with:

**Bishop Anthony Randazzo**

**Mass on Sunday 26 June 2022 at Our Lady of the Rosary Cathedral Waitara at 2pm.**

This will be followed by food, formation, and fun games for kids. More details to come!

### HOLY WATER DISPENSERS



Thank you for the kind generosity to the **Jutrisa family** for donating the Holy Water Dispensers. God bless you!

How wonderful to finally have Holy Water again at our entries!

### OFFERING BAGS

Thank you to Mary Cascun, Glenice Lui and Paul El-Chaar for donating the new offering bags. Also a big thank you to Samuel Letteri for modifying the handles to a long one so people can be reached in the pews without having to pass them around. What a beautiful job!

God bless you all!



### REST IN PEACE

It is with great sadness we announce the passing of:



**JOHN CHEDID**



**Funeral details:**

10.30am

Our Lady of Lebanon Church  
40 Alice Street, Harris Park

*Eternal Rest grant to him O Lord,  
And let the Perpetual light shine upon him,  
May he Rest in Peace.  
Amen*

*Our prayers and thoughts are with Chedid family  
and friends.*

## In Our Parish

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially *Lyla Abood, Brother Mario, Leanne Miller (Leonie's daughter)*

We remember in our prayers all our dearly beloved who have died, especially:  
John Chedid and Patricia Foote...may they Rest in Peace.



## NEXT WEEKEND'S ROSTER

18/6/2022 to 19/6/2022

HOLY TRINITY Year C

	Saturday 7pm	Sunday 9am
<b>Acolyte</b>		Lorraine Dailey
<b>Reader1</b>	Margaret Bensley	Melanie Hume
<b>Reader2</b>	Mary Cascun	Kath Moran
<b>Prayers</b>	Maria Gambino	Ann Lomas
<b>TV</b>		Mary Abood & Teresa Gambino
<b>Music</b>		Takchi family
<b>Music</b>		Takchi family
<b>Music</b>		
<b>Music</b>		

**WE APOLOGISE THERE WILL BE NO MORNING TEA NEXT SUNDAY 19TH JUNE AFTER THE 9AM MASS DUE TO THE HOLY COMMUNION CEREMONY AT 10.30AM**

## FIRST HOLY COMMUNION

Please pray for the children who will be making their First Holy Communion next Sunday 19th June 2022 at the 10.30am Mass.



## SACRAMENTAL PROGRAM 2022/2023

Enrolments for the next Sacramental Program has now commenced. Please email the parish for a copy of the enrolment form [arcadia.pariah@bigpond.com](mailto:arcadia.pariah@bigpond.com) or pick up a copy from the sacristy.

You can also find the form online:

<https://www.bbcatholic.org.au/arcadia/sacraments/confirmation>

For more information please contact Paula on 9653 2312

## FEAST OF ST ANTHONY OF PADUA

### BLESSING OF THE BREAD

*The Blessing of the Bread will be this Monday 13th of June at the 9.30am Mass for the Feast of St Anthony of Padua.*



## CCC PRAYER GROUP

Prayer meeting held every

**Friday nights:** after 7pm Mass

**Wednesday mornings:** after 9.30am Mass.

Everyone welcome. **Come and meet new people.**

For more details call Mary Camilleri on 0403 116 987.



## CATECHIST NEWS

A big thanks once more to those involved in the Children's Mass last weekend! Also remember to keep the children preparing for First Communion in your prayers at this time.

Pope Francis' message to Catechists continues 'a catechist is "a vocation of service in the Church, which is received as a gift on the part of the Lord and must in turn be transmitted. To do this, one must return to the first encounter with Christ that changed their life. This moment, Francis said, is "the fundamental announcement that must resonate again and again in the life of the Christian, and even more in the one who is called to announce and teach the faith."'

Free training to all Catechists continues, the next session will be held face-to-face at Pennant Hills on Monday 20<sup>th</sup> June 9:30am – 2:30pm 'Encompassing Music, Stories and Drama in the Classroom'. RSVP [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)

The CCD is also offering a Reflection Day titled "The Spirit in My Life" via Zoom on Friday 24 June 10am -1pm RSVP 17 June. This Reflection Day will explore the Spirit in Sacred Scripture in both the Old and New Testaments and the implications in my life today. RSVP as above.

If you are interested to learn more about becoming a Catechist or helper please contact me. Please keep in your prayers all our Catechists and the children they teach.

God bless,

Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)

Parish Catechist Coordinator

## PLANNED GIVING ENVELOPES

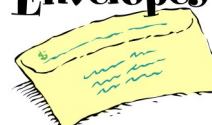
Thank you for everyone who helps our parish by using the planned giving envelopes. This helps us with our budgets.

The planned giving envelopes for 2022/2023 are now available for collecting in church entrance. These will be labelled alphabetically with your envelope number for easy access. Please collect your envelopes as soon as possible otherwise they will be posted which adds to the cost. We really appreciate it!

If you are interested in planned giving envelopes please contact the office as we would really appreciate it.

We thank you for your continued support to the Parish!

**Offering Envelopes**



## ITALIAN ROSARY GROUP

Every Monday 2.00pm. Everyone welcome.

For more details call Angela Egiziano.

Ph: 9653 2312.



## GREGORIAN CHOIR



Last Sunday the Gregorian choir sang at the 10.30am Mass after the great celebrations for Fr Shansana.

## GCEA TRIVIA NIGHT FUNDRAISER

A **big thank you** to everyone who attended Saturday night's **GCEA Trivia Night Fundraiser!!**

There was a great warmth of spirit and unity that blasted away the cold winter night! And under God, it was a great success. Over **\$7500** was raised for the ministry to continue in Galston High School. Thank you for being a part of seeing this happen.

A note that our upcoming **GCEA Prayer Breakfast** scheduled for this Saturday has been postponed until **Saturday 25th June**. Full details are below...

**What:** GCEA Prayer Breakfast

**When:** Saturday 25th June - 8 - 9am

**Where:** St Jude's Dural

**How much:** A donation to cover costs would be appreciated

**RSVP:** To [roger@duralanglican.org.au](mailto:roger@duralanglican.org.au) by Wednesday 22nd June

Many thanks for your prayerful and financial support of the GCEA. We look forward to seeing you soon.

Warm regards in Christ,

Roger Hokin

GCEA Secretary

[roger@duralanglican.org.au](mailto:roger@duralanglican.org.au)

Ph: 0413 067 770



Aid to the  
Church in Need

ACN AUSTRALIA

**A message from Aid to the Church in Need Australia:** ACN is the Pontifical Foundation dedicated to supporting the suffering and persecuted Church.

Our brothers and sisters in Lebanon are suffering due to ongoing financial and political instability. As the body of Christ we are called to support one another. Will you join us as we help them by providing food parcels to 500 needy families in the diocese of Baalbek, Lebanon? To read about the project, or to make an offering visit: [www.aidtochurch.org/monthlyproject](http://www.aidtochurch.org/monthlyproject).



## SAINT OF THE WEEK

### *St Barnabas the Apostle*

**Feast Day: June 11**

*C. Early First Century—62*

**Patron Saint of Cyprus**

***A multi-talented disciple recruits Saint Paul***



Today's saint was an Apostle in the exact same sense in which St. Paul was an Apostle. Saint Barnabas was not one of the Twelve original followers of Christ nor a replacement for one of the Twelve, like Saint Matthias. But the term "The Twelve" quickly disappeared after the Gospel events, because "The Twelve" themselves propagated into dozens, hundreds, and then thousands of successor Apostles, known alternatively as *Episcopoi* or *Prebyteroi*: Overseers or Elders. Saint Barnabas is among that generation of Christian leaders whose name first surfaces immediately after the Resurrection. So although he was not in the circle of "The Twelve," he stood in the next outer ring.

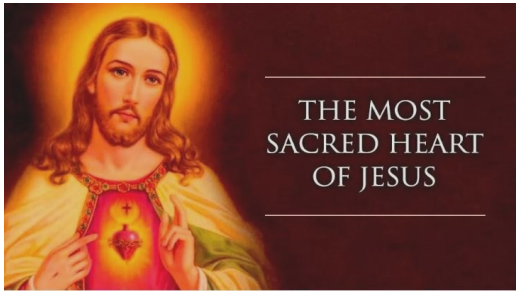
The earliest name for the movement initiated by Jesus of Nazareth was "The Way." This term is used in the Acts of the Apostles and in the ancient catechetical document known as the Didache. But "The Way" was replaced early on by another term. The Acts of the Apostles explains: "Then Barnabas went to Tarsus to look for Saul, and when he had found him, he brought him to Antioch. So it was that for an entire year they met with the church and taught a great many people, and it was in Antioch that the disciples were first called 'Christians'" (Acts 11:25–26). We owe Saint Barnabas, then, the credit for the word "Christian" as the standard description of the followers of Jesus Christ.

The persecution and martyrdom of Saint Stephen forced many Christian leaders to flee Jerusalem. The unforeseen effect of Stephen's assassination and the subsequent persecution of Christians was the spread of the Gospel into greater Syria, the Greek Islands, and North Africa. This expansion led to contact with Greek and Roman Gentiles, or non-Jews, a growth presaging the transformation of Christianity from a localized Jewish sect into a multiethnic worldwide Church. When some converts from North Africa and Cyprus went to Antioch, the capital of the Roman province of Syria, they converted a great number of Greek speakers. And when "news of this came to the ears of the church in Jerusalem...they sent Barnabas to Antioch. When he came and saw the grace of God, he rejoiced, and he exhorted them all to remain faithful to the Lord with steadfast devotion; for he was a good man, full of the Holy Spirit and of faith" (Acts 11: 22–24a).

Saint Barnabas played a crucial role in the first unfurling of the Gospel message beyond Palestine. Acting as a kind of talent scout, he lassoed Saul from his hometown of Tarsus to begin the extraordinary missionary efforts which would forever change the Church and the world. Saint Paul and Saint Barnabas are repeatedly mentioned together in the Acts of the Apostles as they traverse the port cities, the waters, and the dusty highways of the Eastern Mediterranean world. Together, they call down the Holy Spirit, commission new Apostles, confront Jews and Roman citizens alike, challenge a magician, speak to governors, and, of utmost consequence for the Church's future, convince the other Apostles not to force new converts to become Jews first and Christians later.

Saint Barnabas was a dynamic force of nature who spun like a tornado from town to town in the early Church. He was a giant of that first generation of risk-taking, manly, apostolic leaders. The citizens of Lystra in Asia Minor compared him to the Greek God Zeus. They were so impressed that they tried to crown him with garlands and to sacrifice the blood of oxen to both him and Saint Paul (Acts 14:12–18). After numerous adventures in tandem, Paul, the better preacher, writer, and organizer, ultimately sails off on his own. The last we hear of Barnabas, he is returning to the Island of Cyprus, his native land. When Saint Paul writes from his Roman prison in about 62 A.D., he mentions that Mark, the cousin of Barnabas, is with him (Colossians 4:10). Barnabas' absence at Paul's side in his hour of need is a clue that Barnabas is likely dead by the year 62. Tradition tells us that Barnabas was martyred on Cyprus, perhaps by a Jewish mob angered at his successful preaching in the synagogue of Salamis. His relics and memory are particularly honored on Cyprus to this day.

*Saint Barnabas, you gathered infant Christianity from its cradle and carried it into the world beyond. You poured the message of salvation into new wineskins without any guile. May all Christians be so confident, so convincing, and so successful through your intercession. Amen.*



The month of June is dedicated to the Sacred Heart. The Church actually celebrates the Solemnity of the Most Sacred Heart of Jesus on Friday 24 June this year, 19 days after Pentecost. It is a “moveable feast”, celebrated after the Corpus Christi octave. Devotion to the Sacred Heart is one of the most widely practiced and well-known devotions, taking Jesus’ physical heart as the representation of His divine love for humanity – emphasising the unmitigated love, compassion and long-suffering of the heart of Christ towards humanity.

This feast wasn’t always on the calendar and took many centuries before it was established and spread throughout the world. St Margaret Mary Alacoque, a French nun and mystic, received private revelations from Jesus on 16 June 1675, asking her to specifically promote a feast that honoured His Sacred Heart.

The first time there was a liturgical feast of the Sacred Heart of Jesus was on 20 October, 1672. The first country to institute a liturgical feast was Poland and then in a decree from the Sacred Congregation of Rites on 23 August 1856, Pope Pius IX established the feast for the universal Church.

St John Paul II, a great devotee of the Sacred Heart, said: “This feast reminds us of the mercy of the love of God for the people of all times.” The faithful are encouraged to discover the riches hidden in the Heart of Jesus that gives hope and trust and to love our neighbours.



## POPE FRANCIS' PRAYER INTENTION FOR JUNE

### FAMILIES

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

### ACKNOWLEDGMENT

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

### SAFEGUARDING MISSION STATEMENT

*We the people of St Benedict’s Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.*

**Office Hours:**  
**Mondays & Fridays 9.30am to 2.30pm**  
**Parish Office: 9653 2312**  
**Parish Priest: Fr Shansana Samarasinghe OSB**  
**Email: sanshanasamarasinghe@yahoo.com**  
**After hours: 0437 884 233**  
**Email: arcadia.parish@bigpond.com**  
**Postal address: 121 Arcadia Rd, Arcadia NSW 2159**

**Website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)**  
**Facebook: stbenedictsarcadia**  
**Address: 2 Fagans Road,  
Arcadia NSW 2159**  
**Monastery: 9653 1159**

**For all parish Occupational Health & Safety and Safeguarding Children matters Contact: Lorraine Dailey on 0416 081 882.**

**Bank Details for ONLINE only donations:**  
**BSB: 062 784**  
**Acct: 100002141 (NEW BANK DETAILS)**  
**Name: Catholic Parish of Arcadia Bank:**  
**CBA—Catholic Development Fund**